

Controlled Substances Board



Report 32 2025 Quarter 1 Summary

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Introduction

This report is being provided pursuant to ss. 961.385 (5) – (6), Wis. Stats., which requires the Controlled Substances Board (CSB) to submit a quarterly report to the Wisconsin Department of Safety and Professional Services (DSPS) about the Wisconsin Prescription Drug Monitoring Program (WI PDMP). This report is intended to satisfy that requirement for the first quarter of 2025 and will primarily focus on analysis of PDMP data from January 1, 2025, to March 31, 2025, and the preceding 12 months. For annual analysis of the WI PDMP from 2017 through 2024, see the Q4 2024 report found at https://dsps.wi.gov/Pages/BoardsCouncils/CSB/Reports.aspx.

The WI PDMP was first deployed in June 2013. It is administered by DSPS pursuant to the regulations and policies established by the CSB. An enhanced system, the WI ePDMP, was launched in January 2017, allowing the WI PDMP to become a multi-faceted tool in Wisconsin's efforts to address prescription drug abuse, misuse, and diversion through clinical decision support, prescribing practice assessment, communication among disciplines, and public health surveillance. Effective April 1, 2017, prescribers are required to check the WI ePDMP prior to issuing a prescription order for a monitored prescription drug, defined as controlled substances in Schedules II-V or drugs identified by the Board as having a substantial potential for abuse.

The WI ePDMP Public Statistics Dashboard (https://pdmp.wi.gov/statistics) provides interactive data visualizations for much of the data contained in this report, including county-level data for many of the charts. The Statistics Dashboard is dynamically updated, and the values of the preceding quarters may be revised after the conclusion of a quarter. The PDMP report is based on the snapshot data at the time when the paper was being produced.

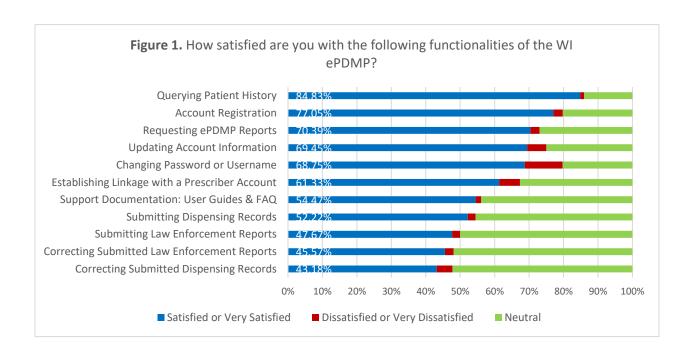
Certain information typically included in the report was not available for this reporting period including annual numbers and trends of Data-Driven Alerts by types.

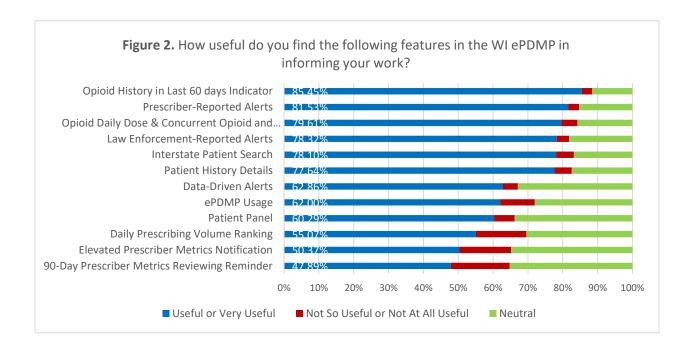
User Satisfaction

DSPS has conducted a survey of WI ePDMP users on a quarterly basis beginning the second quarter of 2021 to measure user satisfaction and inform current and future system enhancements. For this reporting period, the survey was sent to approximately 1,700 randomly selected users out of nearly 35,000 ePDMP users who were identified as "active," or non-prescribing users who had logged into the ePDMP in the past twelve months and prescribers who had patient queries conducted by themselves or their delegates in the past twelve months. A total of 254 complete responses were collected between April 10 and April 25, 2025. Approximately eighty-eight percent of respondents were Healthcare Professionals, including Prescribers (58%), Non-Prescribers (13%), Pharmacists (4%), and Delegates (13%). The remaining 12% of respondents were Pharmacies, Dispensing Practitioners, Submitters, Government Employees, and Law Enforcement.

The survey indicates that most users are satisfied with the WI ePDMP. Eighty-six percent of respondents reported overall satisfaction with the WI ePDMP, providing responses of "Satisfied" (48%) or "Very Satisfied" (38%). Satisfaction is 88.6% for Healthcare Professional respondents who have the option to access the ePDMP via an EHR interface, and 82.1% for those who access directly via the ePDMP website.

Among the functionalities available to different types of users, 84% of respondents were "Satisfied or Very Satisfied" with "Querying Patient History" followed by "Account Registration" with 77% "Satisfied or Very satisfied" (Figure 1). For functionalities available specifically for prescribing healthcare professional users, 85% of respondents acknowledged "Opioid History in the Last 60 Days Indicator" as "Useful or Very Useful" in informing their work, followed by "Prescriber-Reported Alerts," which 81% of respondents acknowledged as "Useful or Very Useful," and "Opioid Daily Dose & Concurrent Opioid and Benzodiazepine Graph," which 79% of respondents acknowledged as "Useful or Very Useful" (Figure 2).





Actions that prescribers reported having taken as a result of using WI ePDMP information in the past twelve months include "Confirmed that a patient was not misusing prescriptions" (76%), "Spoke with a patient about controlled substance use" (40%), "Denied or modified a prescription for a patient" (39%), "Confirmed that a patient had other prescribers that patient had not previously disclosed" (36%), "Contacted a patient's prescribers or pharmacies" (26%), and "Referred a patient to or recommended pain management" (22%) (Table 1).

Table 1. Actions prescribers have taken in the past 12 months as a result of using WI ePDMP information	
Confirmed that a patient was not misusing prescriptions	76.3%
Spoke with a patient about controlled substance use	40.3%
Denied or modified a prescription for a patient	38.9%
Confirmed that a patient had other prescribers that patient had not previously disclosed	35.9%
Contacted a patient's prescribers or pharmacies	25.9%
Referred a patient to or recommended pain management	22.3%
Referred a patient to or recommended behavioral health treatment services	15.8%
Referred a patient to or recommended substance abuse treatment	9.4%
Dismissed a patient from care	3.6%
Contacted law enforcement regarding an event detailed in law enforcement alert	0.7%

Impact on Referrals for Investigation

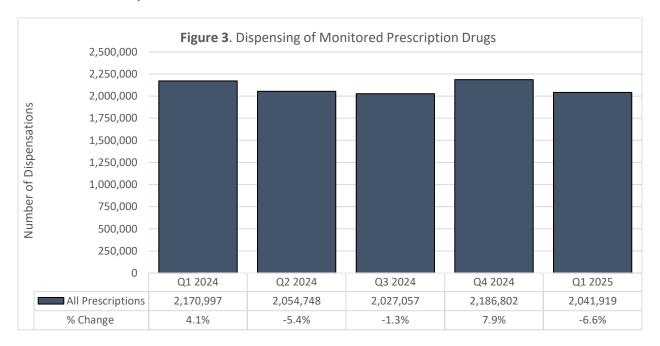
Pursuant to s. 961.385 (2) (f) and (3) (c), Wis. Stats., the CSB may disclose PDMP data to a licensing or regulatory board and refer for discipline a pharmacist, pharmacy, or practitioner who fails to comply with the rules of the Prescription Drug Monitoring Program or if circumstances indicate suspicious or critically dangerous conduct or practices of a pharmacy, pharmacist, practitioner, or patient. In 2018, the CSB Referral Criteria Workgroup was formed to develop recommendations for how the CSB could define suspicious or critically dangerous conduct or practices.

The CSB Referral Criteria Workgroup continues to refine the process for using PDMP data to proactively monitor license holders and their prescribing practices for suspicious or critically dangerous conduct or practices and to determine when such activity should result in a referral to the appropriate examining board. Results of the current investigations will also be used by the CSB Referral Criteria Workgroup to guide the process of proactive monitoring and referrals. The Workgroup did not meet in Q1 2025 due to on-going systemic updating of the ePDMP data analytics, and no referrals were made by the Board.

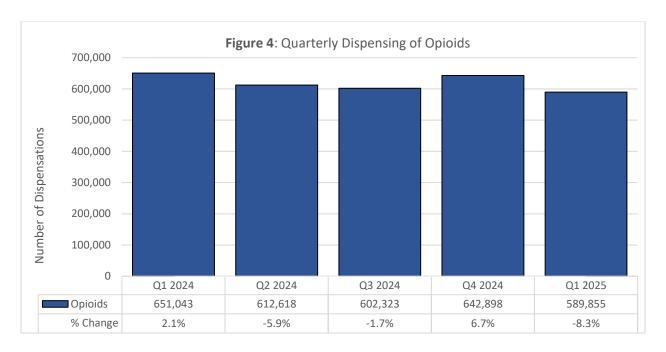
Additionally, the CSB conducts audits of dispenser requirements with the requirement to submit dispensing data to the WI ePDMP. Targeted outreach efforts are made after each audit to bring all non-exempt licensed pharmacies into compliance with the requirement to submit and correct dispensing data. Pharmacies that appear to remain out of compliance after multiple outreach attempts are referred to the Pharmacy Examining Board (PEB). In Q1 2020, 23 pharmacies were identified for referral for possible noncompliance. After a pandemic induced pause, dispenser audits are expected to resume in 2025.

Monitored Prescription Drug Dispensing Trend

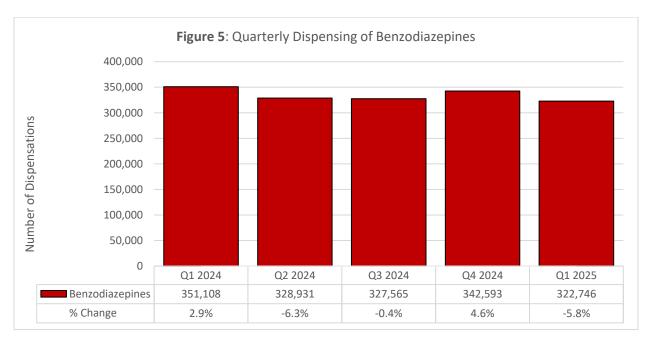
Quarterly data from the ePDMP show that dispensing of all monitored prescription drugs from Q4 2024 to Q1 2025 decreased by 6.6% (Figure 3). Decreases in dispensing were seen across all drug classifications. During Q1 2025, a total of 1,143 pharmacies and 68 dispensing practitioners reported dispensing of monitored drugs to the ePDMP, including 752 in-state pharmacies, 391 out-of-state pharmacies, 26 Physician MDs, 21 Advanced Practice Nurse Prescribers, 12 Dentists, 8 Physician Assistants, and 1 Physician DO.



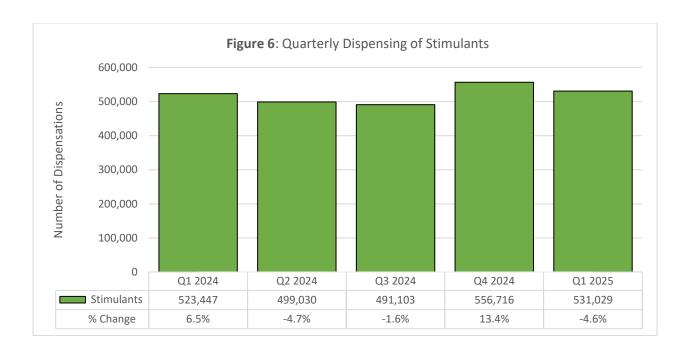
The quarterly dispensing of opioids from Q4 2024 to Q1 2025 decreased by 8.3% (Figure 4). Q1 2025 dispensing equated to a 9.4% reduction from the dispensing of opioids in the same quarter in 2024. In Q1 2025, a total of 281,161 individuals were prescribed opioids with a Daily Morphine Milligram Equivalents (MME) value greater than 0. Among them, most or a total of 168,685 patients received MME between 20 and 49 milligrams, 51,632 patients received 1-19 milligrams, 44,002 patients received 50-99 milligrams, and 16,842 patients received greater than 100 milligrams.



Quarterly dispensing of benzodiazepines from Q4 2024 to Q1 2025 decreased by 5.8% (Figure 5). Q1 2025 dispensing equated to an 8.1% decrease from the dispensing of benzodiazepines in the same quarter in 2024.



The quarterly dispensing of stimulants decreased by 4.6% between Q4 2024 and Q1 2025, which equated to a 1.4% increase compared to the same quarter in 2024 (Figure 6).



Top 15 Dispensed Monitored Prescription Drugs

The top 15 dispensed drugs make up nearly 88% of the monitored prescription drug dispensations for any given quarter. Table 2 shows the quarterly data of the top 15 most dispensed monitored prescription drugs in Q1 2025 compared to Q4 2024, ranked in order of the number of prescriptions dispensed in Q1 2025. The order of the top 15 drugs dispensed in recent quarters has been consistent overall since Q3 2021, during which gabapentin became a newly monitored drug. Gabapentin was the most dispensed monitored drug in Q4 2021 after joining the list in Q3 2021 for the first time. Gabapentin was also the most dispensed monitored drug of Q1 2025 and saw a decrease of 10.4% in dispensing.

Most drugs in the opioid classification of the top 15 drugs saw a decrease in dispensing in Q1 2025. This includes hydrocodone-acetaminophen (10.9%), oxycodone with acetaminophen (8.4%), and tramadol HCI (8.4%). Oxycodone HCI was the only drug that did not see a decrease with only 14 more dispensations in Q1 2025 compared to Q4 2024.

Buprenorphine HCl-naloxone HCl dihydrate was the 13th most dispensed monitored prescription drug in Q1 2025 with a decrease (9.0%) from Q4 2024. Buprenorphine HCl-naloxone HCl dihydrate is one of the medications commonly used as part of Medication-Assisted Treatment (MAT) for opioid use disorder. Note that this does not include dispensing that occurs at most opioid treatment programs due to federal regulation 42 CFR Part II, which was revised in 2022 to permit federally funded opioid treatment programs to report dispensing data to state PDMPs pending patient consent in writing and mandates to report pursuant to the state statutes.

Decreases in dispensing were seen for every stimulant in the top 15 drugs including amphetamine-dextroamphetamine (7.1%), methylphenidate HCl (6.5%), and lisdextroamphetamine-dimesylate (6.4%) from Q4 2024 to Q1 2025.

In the other drug classification, Phentermine HCl joined the list for the first time to become the fifteenth most dispensed drug despite a decrease (8.1%) in dispensation from Q4 2024 to Q1 2025.

	Table 2. Q1 2025 Top 15 Dispensed Monitored Prescription Drug by Dispensing							
	Drug Name	Drug Class	Q4 2024 Dispensing	Q1 2025 Dispensing	Percent Change			
_1	Gabapentin	Other	342,236	306,761	-10.4%			
2	Amphetamine- Dextroamphetamine	Stimulant	239,403	222,521	-7.1%			
3	Hydrocodone- Acetaminophen	Opioid	188,747	168,126	-10.9%			
4	Lisdexamfetamine Dimesylate	Stimulant	148,587	139,063	-6.4%			
5	Oxycodone HCl	Opioid	124,929	124,943	0%			
6	Tramadol HCl	Opioid	120,832	110,627	-8.4%			
_ 7	Methylphenidate HCl	Stimulant	117,378	109,722	-6.5%			
8	Lorazepam	Benzodiazepine	111,196	103,811	-6.6%			
9	Alprazolam	Benzodiazepine	97,390	88,929	-8.7%			
10	Pregabalin	Other	90,048	84,320	-6.4%			
11	Clonazepam	Benzodiazepine	90,066	82,502	-8.4%			
12	Zolpidem Tartrate	Other	86,204	77,834	-9.7%			
13	Buprenorphine HCl- Naloxone HCl Dihydrate	Opioid	57,833	52,616	-9.0%			
14	Oxycodone w/ Acetaminophen	Opioid	52,660	48,234 -8				
15	Phentermine HCl	Other	38,222	35,140	-8.1%			

Data-Driven Alerts

The WI ePDMP application performs sophisticated data analytics on a patient's prescription history to assess the patient's monitored prescription drug history and to alert WI ePDMP users to potential indications of abuse or diversion, such as early refills and multiple prescribers or dispensers, or factors that increase overdose risk, such as high morphine milligram equivalent (MME) doses and overlapping benzodiazepine and opioid prescriptions. Data-driven alerts are presented on the patient report to call attention to specific detail from the dispensing data.

The six types of data-driven concerning patient history alerts are:

- 1. **Concurrent Benzodiazepine and Opioid Prescription Alert**, which indicates when a patient's active current prescriptions include both an opioid and a benzodiazepine, a combination that significantly increases the patient's risk of overdose.
- Long-Term Opioid Therapy with Multiple Prescribers Alert, which indicates when a
 patient has been prescribed at least one opioid prescription from two or more
 prescribers for 90 or more days. This does not include prescriptions of buprenorphine
 commonly used to treat opioid use disorder. Multiple prescribers may be associated
 with the same clinic, practice, or location.
- 3. *High Daily Dose of Opioids Alert*, which indicates when a patient's active current prescriptions are estimated to provide a daily dose of opioids that exceeds 90 MME, thereby increasing the patient's risk of overdose.
- 4. **Early Refill Alert**, which indicates when a patient has refilled a controlled substance prescription two or more days earlier than the expected refill date based on the estimated duration of the prescription calculated and reported by the pharmacy.
- 5. *Multiple Prescribers or Pharmacies Alert*, which indicates that the patient has obtained prescriptions from at least five prescribers or five pharmacies within the previous 90 days. The five prescribers or dispensers may be associated with the same clinic, practice or location, but the WI ePDMP still views them as separate prescribers/dispensers. This alert is not a direct indication of doctor shopping; it is simply a flag for further inspection of the dispensing history.
- Multiple Same Day Prescriptions Alert, which indicates when a patient has received the same controlled substance drug from multiple prescribers or pharmacies on the same day.

Enhancements were made to the data processing in October 2023, which provides a more accurate reflection of concerning patient history alerts. With this systemic change of fundamental patient matching and data analytics, statistics generated from the previous system are not longitudinally comparable with statistics created with the new data solution.

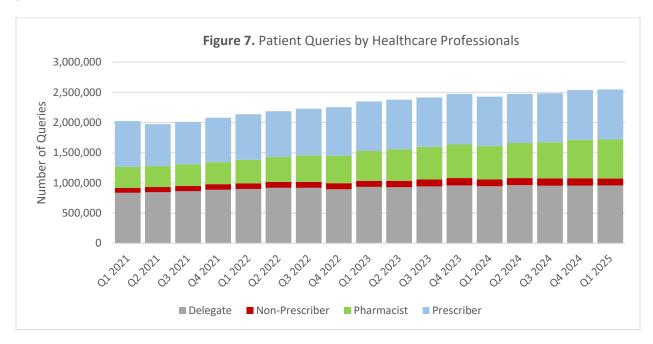
The total number of concerning patient history alerts had a decrease of 4.9% from Q4 2024 to Q1 2025.

One notable decrease was seen in Long-Term Opioid Therapy (19.6%). See Table 3 for the changes in volume and percentage of all data-driven alert types that occurred from Q4 2024 to Q1 2025.

	Table 3. Concerning Patient History Alerts Listed by Volume of Alerts Generated						
	Alert Type	Q4 2024	Q1 2025	Percent Change			
1	Concurrent Benzodiazepine and Opioid	34,631	33,432	-3.5%			
2	Early Refill	64,449	59,112	-8.3%			
3	High Opioid Daily Dose	25,638	26,030	1.5%			
4	Long-Term Opioid Therapy	797	641	-19.6%			
5	Multiple Prescribers or Pharmacies	18,563	17,827	-4.0%			
6	Multiple Same Day Prescriptions	1,378	1,303	-5.4%			
	All Alert Types	145,456	138,345	-4.9%			

Disclosure of WI PDMP Data

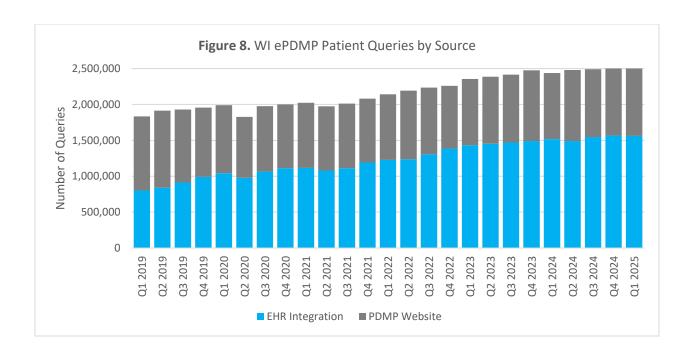
Between January 1 and March 31, (Q1) 2025, healthcare users made a total of 2,547,010 patient queries, a slight (0.3%) increase compared to Q4 2024 (Figure 7). Breaking down the queries by user type shows that 38% of the queries were performed by delegates of prescribers or pharmacists, 32% were performed by prescribers, 25% by pharmacists, and 5% by other non-prescribing healthcare professionals.



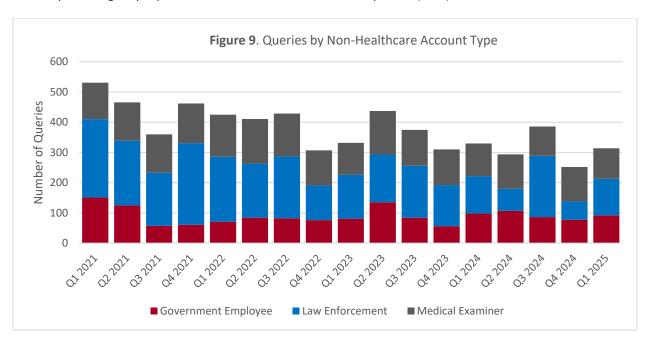
Utilizing the National Association of Boards of Pharmacy's PMP InterConnect (PMPi) and the RxCheck interstate data sharing hub, the WI ePDMP is now connected with 32 state PDMPs as well as the Military Health System. The interstate data exchange allows healthcare users to expand the WI ePDMP patient query to return results from PDMPs in other states, including Wisconsin's border states of Minnesota, Michigan, Illinois, Iowa, and Indiana.

Healthcare professionals from 70 health systems, organizations, community facilities and independent practices in Wisconsin now have one-click access to the PDMP from within their electronic health record (EHR) platform to facilitate patient queries within a provider's busy workflow. In 2022, the PDMP began to allow healthcare organizations to access ePDMP data via electronic health record (EHR) without the payment of monthly subscription fees. This will continue to greatly benefit under-resourced and rural healthcare facilities.

Figure 8 shows that, in Q1 2025, 61.2% of patient queries were through direct EHR integration, which is up from 51% in Q4 2019, the first quarter where EHR integration accounted for more than 50% of queries.



Authorized individuals from non-healthcare groups made a total of 314 requests for PDMP data in Q1 2025, which is a 25% increase from the previous quarter (Figure 9). Authorized law enforcement users made up the largest proportion of the total non-healthcare queries (39%).



Law Enforcement Reports

In Q1 2025, there were 176 events reported to the WI ePDMP by Wisconsin law enforcement agencies as required by s. 961.37 (3) (a), Wis. Stat. The law requires the agencies to submit a report in each of the following situations:

- 1. When a law enforcement officer receives a report of a stolen controlled substance prescription.
- 2. When a law enforcement officer reasonably suspects that a violation of the Controlled Substances Act involving a prescribed drug is occurring or has occurred.
- 3. When a law enforcement officer believes someone is undergoing or has immediately prior experienced an opioid-related drug overdose.
- 4. When a law enforcement officer believes someone died as a result of using a narcotic drug.

Prescribers of patients associated with these events receive a proactive email notice from the WI ePDMP, in addition to the event being captured as an alert on the patient report in the WI ePDMP. Figure 10 shows the number of law enforcement reports submitted to the WI ePDMP by month since the WI ePDMP was launched. There is no statutory requirement for law enforcement agencies to submit their reports within a certain timeframe after the date of the event, and outreach efforts continue to emphasize the value that law enforcement reporting brings for healthcare clinical decision making.



The distribution of submission by report type remains fairly consistent from one quarter to the next. The 2025 year-to-date distribution by report type can be seen below:

- 37% of the reports submitted were for suspected non-fatal opioid-related overdose events, which was an increase from 33% in 2024.
- 35% of the reports submitted were reports of stolen controlled substance prescriptions, which was a decrease from 37% in 2024.

- 23% of the reports submitted were for suspected violations of the Controlled Substances Act, which was an increase from 21% in 2024.
- 5% of the reports submitted were for suspected narcotic-related deaths, which was a decrease from 9% in 2024.

Summary

The dispensing of all monitored prescription drugs in the first quarter of 2025 decreased by 6.6% from the preceding quarter Q4 2024, which was a decrease of 5.9% compared to the same quarter of the previous year or Q1 2024. Decreases in dispensing were seen across all drug classifications including Opioids (8.3%), Benzodiazepines (5.8%), Stimulants (4.6%), and Other (7.2%). Gabapentin has continued to be the top dispensed monitored drug since Q4 2021 when gabapentin first became the most dispensed monitored drug. Gabapentin became a monitored prescription drug on September 1, 2021, after being identified by the Board as having a substantial potential for abuse. During Q1 2025, Gabapentin saw a decrease of 10.4% in dispensing from Q4 2024.

Compared to the same quarter in 2017, the overall dispensing of monitored prescription drugs in Q1 2025 had a decrease of 17%. The breakdown by drug classes showed decreases in opioid and benzodiazepine dispensing and an increase in stimulants.

- The number of opioid prescriptions dispensed in Q1 2025 was notably 47%, or over 519,000 prescriptions, less than the number in Q1 2017.
- The number of benzodiazepine prescriptions dispensed in Q1 2025 was 42%, or around 236,000 prescriptions, less than the number in Q1 2017.
- The number of stimulant prescriptions dispensed in Q1 2025 was 18%, or around 82,000 prescriptions, more than the number in Q1 2017.

Encouraging trends found in the WI ePDMP continued in Q1 2025:

The dispensing of buprenorphine HCl-naloxone HCl dihydrate, one of the medications commonly used as part of Medication-Assisted Treatment (MAT) for opioid use disorder, was the 13th most dispensed monitored prescription drug in Q1 2025. Its dispensing in Q1 had a decrease (9.0%) from Q4 2024 which equated to a decrease of 14.7% over the past 12 months and a notable 33.6% increase since Q3 2018, the first quarter it moved into the top 15 dispensed monitored prescription drugs.

Additional details about the WI ePDMP data, including county-level charts, can be found on the WI ePDMP Public Statistics Dashboard (https://pdmp.wi.gov/statistics), under the corresponding tabs of Monitored Prescription Drugs Dispensed, PDMP Utilization, and Law Enforcement Alerts.